

# raw by robyn

• SMOOTHIES • JUICES • SUPERFOODS •

## PROTEIN SMOOTHIES

### STRAWBERRIES & CREAM 11

Strawberry, coconut milk and cream, vanilla whey protein, maple syrup

### BLUEBERRY DREAM 11

Blueberry, banana, coconut water, apple juice, vanilla whey protein, frozen yogurt

### TROPICAL BOOST 11

Pineapple, banana, vanilla whey protein, tropical juice

### MANGO MAGIC 11

Mango, banana, spinach, coconut water, vanilla protein, agave

### PINEAPPLE POWER 11

Pineapple, banana, coconut water, vanilla protein, almond butter

### CREAMY CASHEW 11

Banana, almond milk, vanilla whey protein, cashews, cinnamon

### CHOCOLATE PEANUT BUTTER 11

Banana, almond milk, chocolate whey protein, peanut butter, cacao nibs

## FRUIT & GREEN SMOOTHIES

### AÇAÍ CRUSH 11

Strawberry, mango, banana, açai, coconut water, pomegranate juice, agave

### MANGO MANIA 10

Mango, tropical juice, frozen yogurt, agave

### TROPICAL STORM 10

Pineapple, mango, tropical juice, apple juice, frozen yogurt

### GLOWING GREEN 10

Mango, banana, spinach, avocado, coconut water, agave

### PINA GREEN LADA 10

Pineapple, banana, spinach, coconut milk and cream, tropical juice, agave

### GREEN MACHINE 10

Pineapple, mango, spinach, tropical juice, agave

### Customizations

+ extra fruit  
+ extra veggies  
+ whey protein

- substitute protein  
+ vegan protein  
+ frozen yogurt

*additional - 1.00*

*additional - 2.00*

packed with goodies  
nutrient rich

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## SALADS

Served with spring mix

### COBB 18

Avocado, tomato, corn, bacon, egg, feta  
*green goddess & ranch dressings*

### MEDITERRANEAN 16

Beets, cucumber, tomato, pickled onion, falafel, hummus  
*tahini dressing*

### POWER 16

Avocado, beets, cucumber, egg, pomegranate seeds, chickpeas, everything seasoning  
*green goddess dressing*

### HARVEST 15

Roasted sweet potato, bacon, dried cranberries, pecans, feta  
*honey dijon dressing*

### SIERRA LAGUNA 15

Avocado, corn, mango, tomato, black beans, tortilla chips, cilantro, feta  
*cilantro lime vinaigrette*

### TAHINI 15

Avocado, beets, cabbage, carrots, cucumber, edamame, mango  
*tahini dressing*

## TOASTS

Served on sourdough bread

### AVOCADO CLASSIC 7

Avocado, parmesan, everything seasoning  
*garlic chili oil*

### Upgrade to deluxe - tomato, pickled onion, egg, feta, 10



nourishing with care



nutrient rich

## WRAPS

Served with whole wheat tortilla, and spring mix

### POWER 14

Oven-roasted chicken, avocado, beets, egg  
*green goddess dressing*

### CHIPOTLE CHICKEN 13

Oven-roasted chicken, avocado, tomato  
*chipotle aioli*

### FALAFEL 13

Falafel, beets, cucumbers, tomato, feta, hummus  
*tahini dressing*

### VEGGIE 11

Avocado, beets, cabbage, carrots, cucumber, tomato, hummus  
*tahini dressing*

## RICE BOWLS

Served with jasmine rice

### AHI 19

Ahi tuna, spring mix, avocado, cabbage, carrots, cucumber, edamame, mango, ginger  
*wasabi soy & maple soy dressings*

### FIESTA 16

Spring mix, avocado, corn, tomato, jalapeno, black beans, pickled onion, tortilla chips, feta  
*cilantro lime vinaigrette & chipotle aioli*

### ADD-ONS

cajun chicken - 5.00

falafel - 3.50

egg - 2.00

roasted chicken - 4.50

ahi tuna - 6.00

avocado - 2.00